

# 2025 PRICE REVIEW

<b>Kids Table Tennis</b>	<b>£3.50</b>
<b>Senior Table Tennis</b>	<b>£5.00</b>
<b>Open Coached Table Tennis Concession</b>	<b>£5.00</b>
<b>Open Coached Table Tennis Junior U16s</b>	<b>£4.50</b>
<b>Open Coached Table Tennis Standard</b>	<b>£5.50</b>
<b>Adult Badminton Drop In Session</b>	<b>£5.00</b>
<b>Badminton Court U16s</b>	<b>£8.00</b>
<b>Badminton Court</b>	<b>£16.00</b>
<b>Squash Court Hire - 1/2 court</b>	<b>£7.00</b>
<b>Junior U16s Squash Court Hire - 1/2 court</b>	<b>£3.75</b>
<b>Kids Squash Coaching</b>	<b>£5.50</b>
<b>Racket Grip</b>	<b>£5.00</b>
<b>Inflatable Fun</b>	<b>£7.00</b>
<b>Little Gym Buddies</b>	<b>£5.50</b>
<b>Football P1+</b>	<b>£5.50</b>
<b>Walking Netball</b>	<b>£5.00</b>
<b>Walking Football</b>	<b>£5.00</b>
<b>Walking Group</b>	<b>£5.00</b>
<b>Gentle Exercise</b>	<b>£5.00</b>
<b>Seniors Group Gym</b>	<b>£5.00</b>
<b>Pickleball 1 hour</b>	<b>£4.50</b>
<b>Pickleball 1.5 hours</b>	<b>£5.75</b>
<b>Pickleball 2 hours</b>	<b>£7.00</b>
<b>Body Balance</b>	<b>£8.50</b>
<b>TRX</b>	<b>£8.50</b>
<b>G-ROX</b>	<b>£8.50</b>
<b>Kettlebells</b>	<b>£8.50</b>

<b>Metcon 30 mins</b>	<b>£6.50</b>
<b>Metcon 1 hour</b>	<b>£8.50</b>
<b>Pilates</b>	<b>£8.50</b>
<b>Sweat Conditioning</b>	<b>£8.50</b>
<b>Functional Strength Training</b>	<b>£8.50</b>
<b>Stretch &amp; Mobility</b>	<b>£6.50</b>
<b>Pump IT</b>	<b>£6.50</b>
<b>RPM</b>	<b>£8.50</b>
<b>Circuits</b>	<b>£8.50</b>
<b>Tri-Fit</b>	<b>£8.50</b>
<b>Body Pump</b>	<b>£8.50</b>
<b>Yoga</b>	<b>£8.50</b>
<b>Sprint</b>	<b>£6.50</b>
<b>Private Fitness Class</b>	<b>£75.00</b>
<b>Gym Session Standard</b>	<b>£8.50</b>
<b>Gym Session Student/Concession</b>	<b>£6.50</b>
<b>Teen Gym</b>	<b>£5.00</b>
<b>Group Personal Training</b>	<b>£14.00</b>
<b>Athlete Personal Training</b>	<b>£25.00</b>
<b>Non Member PT 30 min</b>	<b>£29.00</b>
<b>Non Member PT 60 min</b>	<b>£39.00</b>
<b>Non Member PT 30 min Buddy Session</b>	<b>£48.00</b>
<b>Non Member PT 60 min Buddy Session</b>	<b>£60.00</b>
<b>Member PT 30 min</b>	<b>£25.00</b>
<b>Member PT 60 min</b>	<b>£35.00</b>
<b>Member PT 30 min Buddy Session</b>	<b>£40.00</b>
<b>Member PT 60 min Buddy Session</b>	<b>£52.00</b>

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Non Member PT Block 4x30min	£108.00
Member PT Block 4x30min	£92.00
Non Member PT Block 4x60min	£148.00
Member PT Block 4x60min	£132.00
Non Member PT Block 8x30min	£200.00
Member PT Block 8x30min	£168.00
Non Member PT Block 8x60min	£280.00
Member PT Block 8x60min	£248.00
Gym Only Single 1 Month	£37.00
Gym Only Single 12 Month	£32.00
Gym 12 Month Full Pay	£344.00
Gym Only TP 1 Month	£59.00
Gym Only TP 12 Month	£54.00
Gym TP 12 Month Full Pay	£608.00
Gym + Class Single 1 Month	£52.00
Gym + Class Single 12 Month	£47.00
Gym + Class 12 Month Full Pay	£524.00
Gym + Class TP 1 Month	£89.00
Gym + Class TP 12 Month	£84.00
Gym + Class TP 12 Month Full Pay	£968.00
Class Only Single 1 Month	£47.00
Class Only Single 12 Month	£42.00
Class Only 12 Month Full Pay	£464.00
Class Only TP 1 Month	£79.00
Class Only TP 12 Month	£74.00
Class Only TP 12 Month Full Pay	£848.00
Concession 1 Month	£32.00
Concession 12 Month	£32.00

Concession Full Pay	£344.00
Student 1 Month	£32.00
Student 12 Month	£32.00
Student 12 Month Full Pay	£344.00
Corporate Member 1 Month	£37.00
Corporate Member 12 Month	£37.00
Corporate Member 12 Month Full Pay	£404.00
Squash 12 Month	£37.00
Squash 12 Month Full Pay	£404.00
Squash + Gym 12 Month	£52.00
Squash Junior 12 Month	£17.00
Running Club Gym Only	£27.00
Running Club Gym + Class	£32.00
Athlete Development Membership	£22.00
Offshore 2 Week	£23.00
Offshore 3 Week	£29.00
Sauna	£6.50
1/2 Games Hall 1 hour	£32.00
Full Games Hall 1 hour	£64.00
Dance Studio 1 hour	£30.00
Conference Room 1 hour	£22.00
Gallery 1 hour	£28.00
Wellness Hub 1 hour	£30.00
Gymnastics Hall Hire	£54.00